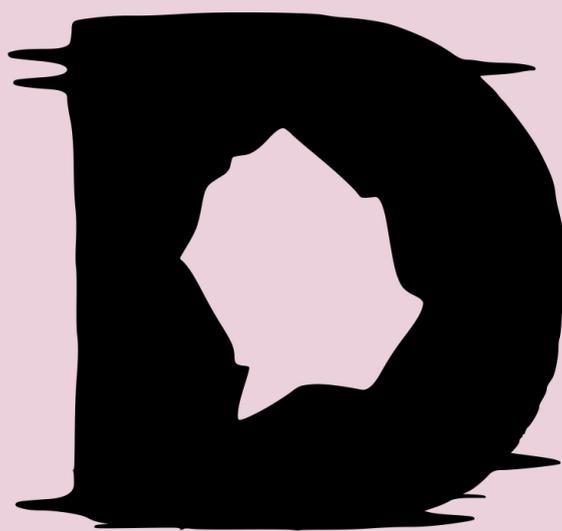


Disrupt Disability Arts Festival 2026

About the Festival

Know Before You Go Guide

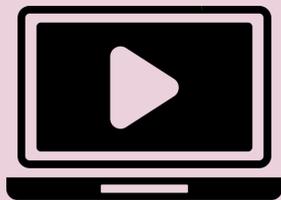
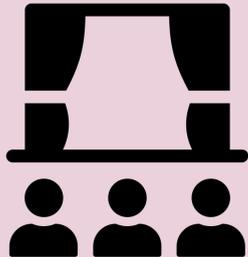


Disrupt

This document was made using icons from [Flaticon](#) and [The Noun Project](#).
Also with information from Project Arts Centre Access Guide.



Disrupt Disability Arts Festival is an annual festival created by and for disability communities.



The festival will have three days of public events.

Types of events will be:

- Performances
- Workshops, Panels and Talks
- Online Streaming

You can come to just one, or many events.

What You Will Find in This Document:

[Where](#)

[When](#)

[What to Expect](#)

[Access Information](#)

[How To Get Here](#)

Where



Temple Bar is one of the busiest areas in Dublin City Centre. Located in the heart of Temple Bar, Project Arts Centre is a big blue building on East Essex Street.

The address for all in-person events for the festival is:

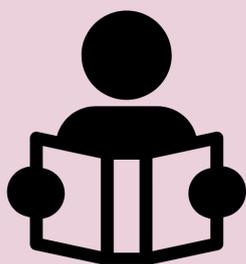
**No.39 East Essex Street,
Temple Bar, Dublin 2, Ireland**



You can view the location on [Google Maps](#).

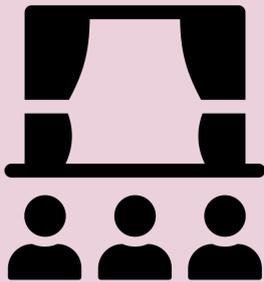


You can watch a [video](#) of Project Arts Centre before you arrive.



You can read a [Social Narrative](#) for Project Arts Centre before you arrive.

When



Performance Programme:

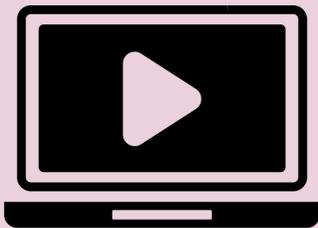
5 March - 7 March 2026

Workshops Programme:

25 February - 12 March

Online Programme:

5 March - 7 April



Online

Performances will be live streamed online.

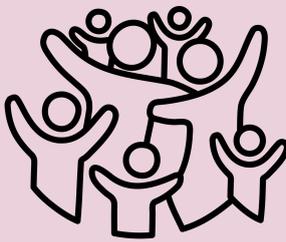
All recordings will be available online on the Disrupt website until 7 April 2026.

What To Expect



The festival has many events and you can book in advance on our [festival website](#)

Or by calling Project Arts Centre Box Office: +353 1 881 9613



Everyone is welcome to the festival.

There may be some adult themes and language.



If you are going to an online event you will receive a link to the email address you booked with.

This will contain full instructions on how to access the event.



The festival is **being documented**.

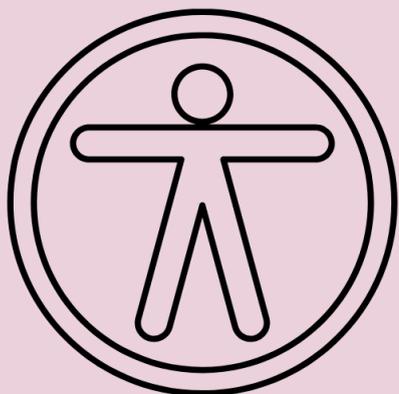
This means there may be people **taking photos and videos** when you are there.



Please ask a staff member if you would like to not be recorded.

Disrupt Team members will be wearing pink t-shirts.

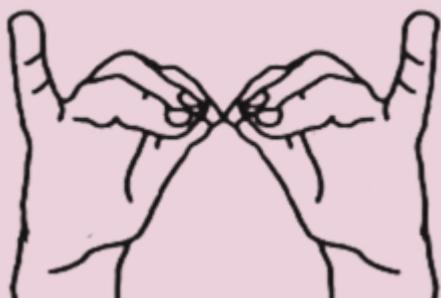
Access Information



Access Supports

Each event has its own accessibility supports. You can see what supports are available in two ways:

1. At the bottom of each **event** you will find icons about what supports are available.
2. You can view a list of supports on our [Access Services](#) page.



Irish Sign Language (ISL)

All events will be ISL interpreted.

For live streaming, an ISL interpreter will be shown in the corner of the screen.



Audio Description

All events will have live Audio Description.

Our audio describer is **Mo Harte**. To listen to this commentary, you can borrow a headset from the box office before the event.

This is a small device with an ear piece.

You can control the volume to suit your needs.

These are free to borrow from the box office.



Guide Dogs

Guide dogs can attend performances.

If you need water, you can ask at the box office.



Wheelchair Access

Project Arts Centre is accessible for wheelchair users.

Outside the building there is a wide footpath.

The road and surrounding streets have a cobblestone surface. You will find more info below.



Toilets

Accessible toilets are available in the building.



Sensory Tool Kit

We have a range of ear defenders and disposable ear plugs available for kids and adults at the box office.

If there are sensory adaptations that you need in order to have a more enjoyable experience, please contact info@disruptfestival.ie



Relaxed Performances

During events you will be able to leave and re-enter, stim and move around.



Masking

While participating in the festival we ask that people wear face masks.

We understand that not everyone is able to wear a mask because of medical reasons, the need for lip reading, and other access needs.

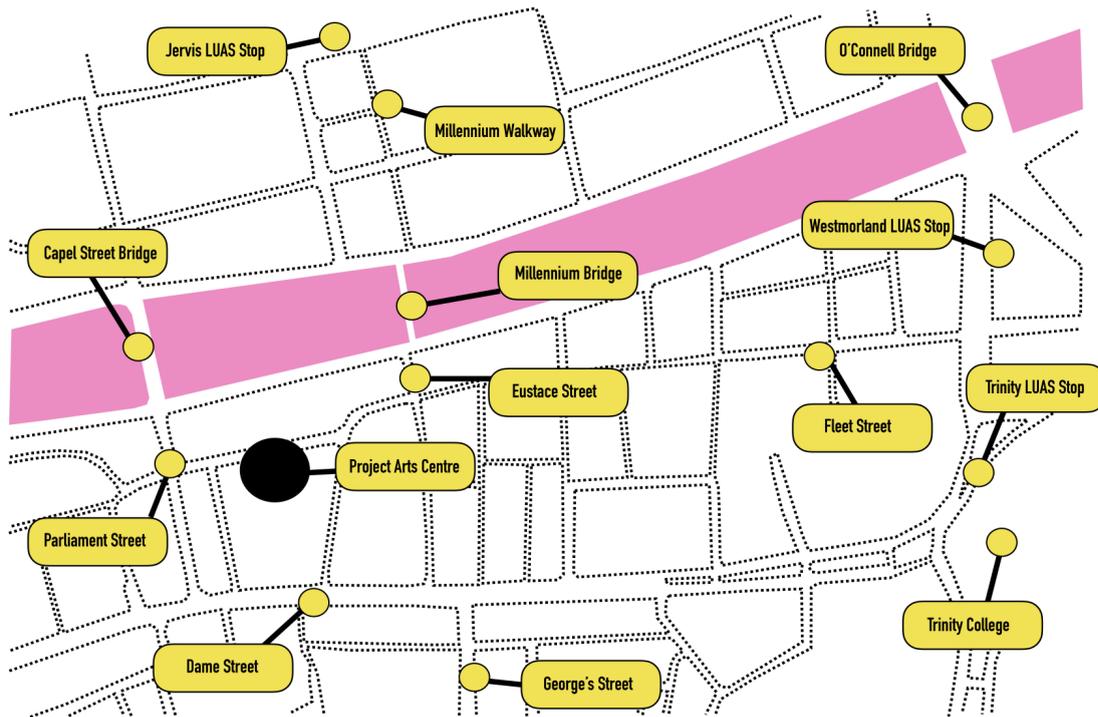


Contact us

If you have **questions** you can get in touch at:
info@disruptfestival.ie

How To Get Here

This is a map of Temple Bar and surrounding areas. Project Arts Centre is marked by a big black dot.



Public transport

With most public transport options, you will still have a short walk to Project Arts Centre.



Taxi - If you are coming to Project Arts Centre by taxi you can be dropped at the entrance, however early in the morning (usually between 9am-11am) delivery trucks may obstruct the road.

It is best to book your return journey as taxis can be difficult to find on busy evenings.



LUAS + walk (7 - 10 minutes)

By LUAS, the closest Green Line stop is Westmorland street.

If you are on the Red Line LUAS, the closest stop is Jervis street. The direct route from Westmorland street is not wheelchair accessible.

The direct route from Jervis street is Wheelchair accessible. If you are coming on the Green line from the Northside of Dublin, the Trinity Stop is the closest.



Bus + walk (varies)

By bus there are lots of options for buses coming into **Dame Street**: [Click here for more detailed information.](#)

There are also plenty of options that take you along **The Quays**: [Click here for more information on stops.](#)



These images show the changes in road surface around the Temple Bar area.

General Access Information

These images show the changes in road surface around Temple Bar Road Surface.

One of the main challenges you will face, when using a wheelchair or walking through Temple Bar, is poor road surfaces. The roads are mostly cobblestone and are often unevenly spaced.

The pathways change frequently in terms of materials, width, levels and texture. You will also need to navigate outdoor furniture, bins, lampposts and crowds, making it harder to see changes in the road surface.



Noise Levels

When entering Temple Bar you will notice a big increase in noise levels.

There will be crowds of tourists often with guides on loud speakers, buskers playing live music, road works, traffic, seagulls, and music spilling out of pubs and restaurants.

The noise can be overwhelming. If you have any sensory processing issues, it is a good idea to wear ear defenders or headphones when walking through the area.



Crowds

You will encounter crowds of people gathered at specific spots in Temple Bar. The large square at the centre of Temple Bar is a busy place, as is the Temple Bar Pub.

There will often be people blocking the pathways and the roads. At night, these crowds will be gathered outside pubs and may not be aware of surrounding pedestrians.



Contact us

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