

project

Variations For Two Disabled Bodies

Familiarisation Pack



DUBLIN
FRINGE
FESTIVAL

We are delighted to welcome you to Project Arts Centre to see Variations for Two Disabled Bodies, as Part of Dublin Fringe Festival. The following document will give you a bit more information about what to expect at Project Arts Centre, as well as additional sensory information about the show.

You can find more information about getting to the venue on our [Temple Bar Access Guide](#)

Find more information about Building Access and the venue on our [Social Narrative](#)

[This Familiarisation Pack contains the following](#)

1 - What to expect at Project Arts Centre

2 - Access provision

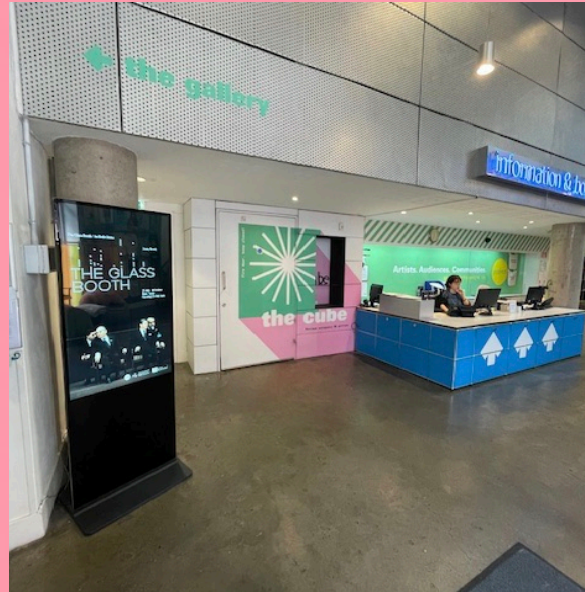
3 - Information on the cast

4 - What to expect from the show

What to expect from Project Arts Centre



1 - This is the outside of Project Arts Centre. It is located on East Essex Street in Temple Bar, Dublin 2. It is a big blue building with a glass front.



2 - Once you enter, you will be in a large foyer. The staff at the long box office desk will be able to help you with any questions you might have.



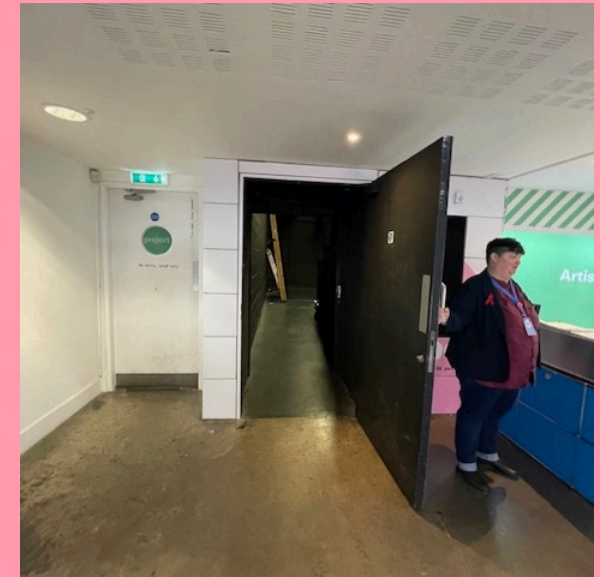
3 - The Cube is where the performance will take place. The door is to the left of the box office.



4 - There are toilets at the back corner of the foyer. They are through this yellow door. Sometimes the door is open. If not, you will have to ask a member of staff to open the door.



5 - There are a few places to sit and relax once you arrive. You can sit around the large centre table, on the high stool in the corner under the stairs, or on one of our beanbag chairs in front of the main window.



6 - When the performance is about to begin, the Front of House manager will open the door to let you in.

Access Provision



Sensory information

Relaxed performance

This show is a relaxed performance. This means that audience members can come and go as they please. It is expected that some audience members may need to make noise, move around or stim. If this is your first relaxed performance, you may have to adjust your expectation of traditional theatre etiquette. We will also have a sensory adaptation tool kit available. See more information below.

Sound

There will be loud music throughout the show. Music will shift quickly between different tracks. There will be ear defenders and ear plugs available from Front of House if you require them.

Lighting

House lights will remain up throughout the show allowing for easy access into and out of the space when required. There are some flashing coloured lights during one dance sequence. There is no strobe lighting.

Sensory Toolkit

Our sensory toolkit contains the following; 1 - Ear defenders, 2 - Ear plugs, 3 - Sunglasses, 4 - Fidget toys, 5 - Blankets, 6 - Cushions, 7 - Nose clips, 8 - Colouring pencils, 9 - Colouring books.



*If you anything from the toolkit, don't hesitate to ask at Box Office.

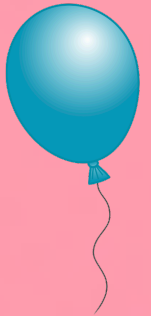
Information for Deaf & HoH Audiences

Irish Sign Language (ISL)

ISL is integrated through the show.

Balloons

Vibration Balloons will be made available to Deaf & HoH audience members. Please do not leave the balloons on the floor if you exit the space.



Wheelchair Access

The whole building is wheelchair accessible. We can accommodate large numbers of wheelchairs with advanced notice. Please contact box office at box-office@projectartscentre.ie

Our Access manager is available to discuss your access requirements - email adrian@projectartscentre.ie

Information about the cast



Soso Ní Cheallaigh

This is Soso. They will be one of the three performers on stage. When you enter the performance space Soso will be warming up on stage. Soso is an actor and a dancer and will introduce themselves at the start of the show.



Bobbi Byrne

This is Bobbi. She will be one of the three performers on stage. When you enter the performance space Bobbi will be warming up on stage. Bobbi is a dancer and will introduce herself at the start of the show.



Ela Cichoke

Ela is the third performer on stage. She is an ISL interpreter. She will stay in the same position on the stage. The best place for Deaf audiences to sit, is on the right side of the seating bank in the first three rows.

What to expect from the Show

Practical Information

Running time : 60 mins - There is no interval

Dates & Times : 10 Sept, 18:30 (preview) 11 - 13 Sept, 18:30

Trigger warnings : Please note, suitable for 12+. Contains mild references to mental health and depression.



What is the show about?

The show is about the personal experience of two Queer Disabled performers. It describes their relationship to their bodies.

The performers do this in various ways, taking on different perspectives and characters. Sometimes they appear as scientists, using medical jargon to describe the differences between their bodies. Sometimes they do this as characters from popular culture. Bobbi and Soso use their own names throughout the show.

Asymmetry

One of the main themes in the work is 'asymmetry'. This means that two sides of something are not the same. Bobbi says she has 'one boring normal arm, and one little arm'. They use pieces of music with irregular time signatures to describe this feeling.

Costumes

When Bobbi and Soso are describing factual information they wear medical lab coats. Half way into the show, they changed into 1980's work out clothing pictured on the promotional images. By the end of the show they are dressed in their own clothes.



Audience Interaction

At different points in the performance the performers will ask the audience to join in the dialogue through a call and response. You are not obliged to get involved. Only do this if it is fun for you!

Credits

Variations for Two Disabled Bodies is commissioned by Project Arts Centre within the framework of Europe Beyond Access. Co-funded by the European Union and developed with the support of Dance Ireland.

Performers: Bobbi Byrne & Soso Ni Chealaigh

ISL/Performer: Ela Cichoka

Production Manager: Marie Hegarty

Lighting Design: Sarah Jane Shiels

Sound Design: Eóin Murphy

Costume: Jack McGarrigle

Producers: Cathy Coughlan & Adrian Colwell

